



INNOVATION AND PROMISE: THE SOUTH ASIAN HEALTH CENTRE



South Asian Health Centre:

1. The vision: Innovation & Promise
2. Partners in this initiative
3. The journey so far
4. Early outcomes
5. Next steps



Research shows that it doesn't matter where the community is in the world (Mumbai, New Delhi, the UK or Surrey, BC), people in the South Asian community are:

- Twice as likely to have cardiac disease
- Four times as likely to have diabetes
- Likely to have a heart attack 10 years before people in other populations

The Partnership: FHA & Division

- Result of an idea long discussed in the community that gained real momentum at a 2010 conference hosted by the Canada India Networking Initiative.
- An excellent example of an integrated community-based health care system working to promote and provide optimized care for chronic at risk and unstable patients.



SURREY-NORTH DELTA DIVISION OF FAMILY PRACTICE

VISION

Improved quality of life for patients, physicians, and the community.

MISSION

- Advocate for patient health
- Facilitate member engagement in evaluating and shaping the health care system
- Identify challenges and develop innovative approaches to providing efficient, quality health care

*Embed A GP for Me in all division work
Develop Strategies to achieve mission & goals*

FRASER HEALTH

Strategic Imperatives



Surrey-North Delta
Division of Family Practice
A GPSC initiative



fraserhealth

Better health.
Best health care.

A close-up photograph of a woman with dark hair looking towards a young child. The child is smiling broadly with their mouth open, showing their tongue. The woman is wearing a pearl earring. The background is a bright, out-of-focus window.

CENTRE JOURNEY

OUR VISION: THE HEALTH HOME

CLINIC SERVICES

OUR FUTURE



OUR JOURNEY

...

OUR JOURNEY

Through the leadership of local physicians the South Asian Health Centre officially opened in November 2013 and began providing health services to the South Asian community.



**A place where
patients feel
understood**

**A place that
honors the
role of
extended
family in
health care**

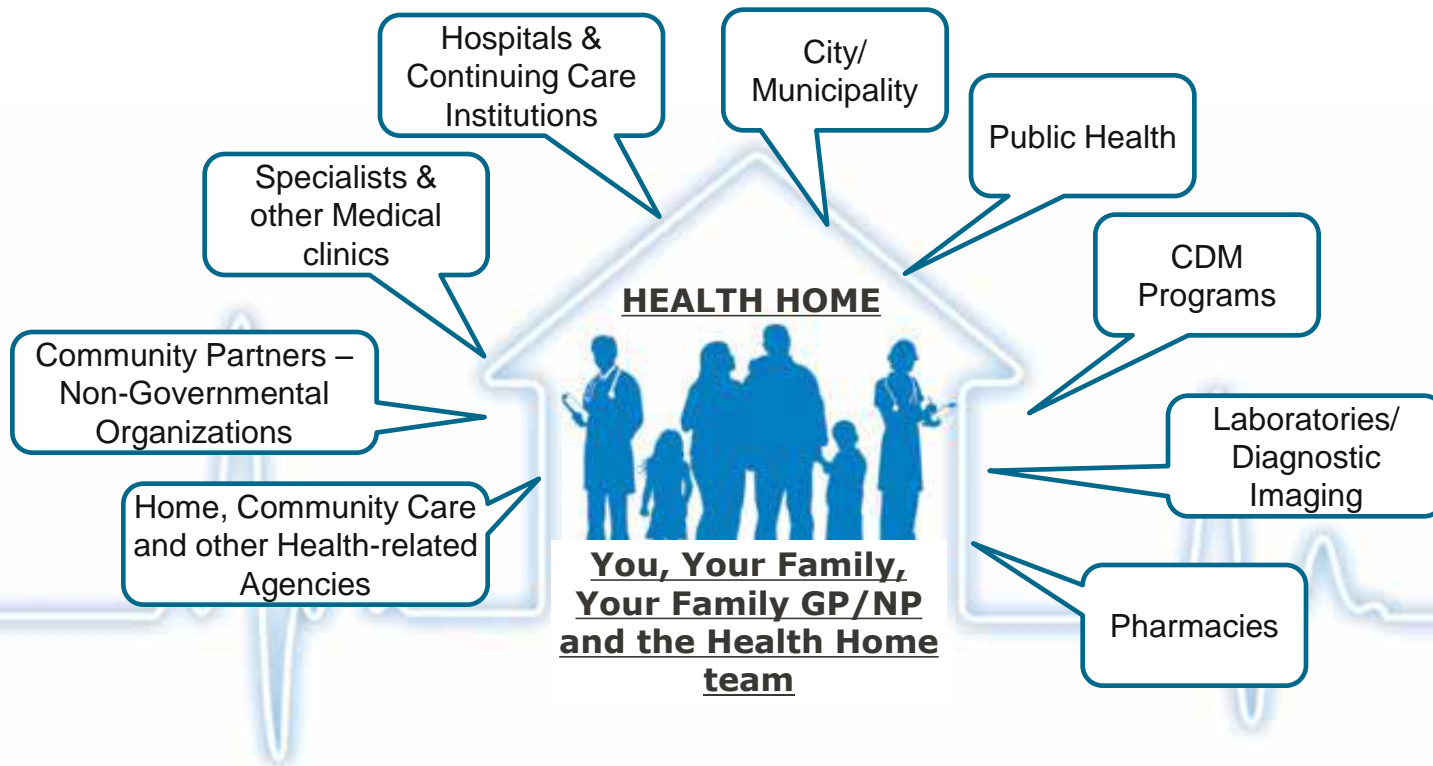


**OUR
VISION...**



HEALTH HOME





THE PATIENT EXPERIENCE

- My GP and I are the heart of a team of providers
- I get the care I need in a way that makes sense to my family and me
- I can go to the Health Centre to find out more about my disease and how to make myself better, or to have the best life I can with my disease
- The SA Health Centre is a partner in my health

OUR SERVICES

CENTRE SERVICES

Primary Care

Diabetes Services

Complex Care Patients

Women's Health Clinic

Future Services



CENTRE SERVICES

Primary Care

Diabetes Services

Complex Care Patients

Women's Health Clinic

Future Services

- To provide full-scope primary care services to unattached community members
- Staffed by a Nurse Practitioner (will grow to two Nurse Practitioners at full capacity)



CENTRE SERVICES

Primary Care

Diabetes Services

Complex Care Patients

Women's Health Clinic

Future Services

- Providing extra supports and education to diabetic patients
- Overall goal is to promote self-management and empowerment
- Services include one on one visits and diabetes education classes



CENTRE SERVICES

Primary Care

Diabetes Services

Complex Care Patients

Women's Health Clinic

Future Services

- Shared care health care delivery between community physicians and the Centre's Nurse Practitioner
- Community physicians refer complex care patients
- The Nurse Practitioner can carry out home visits and works in partnership with the physician to provide comprehensive and holistic care



CENTRE SERVICES

Primary Care

Diabetes Services

Complex Care Patients

Women's Health Clinic

Future Services

- In partnership with the BC Cancer Agency and the Canadian Cancer Society
- Reproductive health questions and testing is carried out by the Nurse Practitioner
- Physicians will be integrated into the clinic in the future

CENTRE SERVICES

Primary Care

Diabetes Services

Complex Care Patients

Women's Health Clinic

Future Services

- A large number of community groups have shown interest in being a part of the centre.
- Future services to be offered at the centre include a Women's Health Clinic, Older Adult Care, Mental Health services and Falls Prevention.

**OUR
FUTURE**

