

CINI 2014:

Health and Civil Society for Canada and India



Hon. Amrik Virk
Minister of Advanced
Education and MLA Surrey-
Tynehead



Hon. Andrew Wilkinson
Minister of Technology,
Innovation and Citizens'
Services
MLA Vancouver-Quilchena



Dr. Arun Garg
Program Medical Director
for Laboratory Medicine and
Pathology, Fraser Health,
and President, CINS



Dr. Nigel Murray
President and CEO,
Fraser Health



Dr. Kendall Ho
MD, Director, UBC eHealth
Strategy Office, Associate
Professor, Division of
Emergency Medicine



Dr. Gulzar Cheema
MD, Medical Director, iCON
South Asian Division



Kavita Narayan
Head – Hospitals/Health
Systems, Public Health Foun-
dation of India (PHFI)



Prof. Andrew Petter
President and
Vice-Chancellor, SFU



Dr. Shivarama Varambally
MD, National Institute of Mental
Health and Neurosciences, Bangalore



Dr. Kim Innes
Associate Professor, West
Virginia University, Department
of Epidemiology and the
University of Virginia Center for
the Study of Complementary
and Alternative Therapies

Building on the success of the Canada India Networking Initiative (CINI) in 2010, CINI 2014 will be held on June 19-23 at the Sheraton Guildford located in Surrey, B.C. The theme of the conference is health and civil society. Leading clinicians, educators, scientists and industry leaders will participate in the conference to be held on June 20 and 21. Dr. Arun Garg, President and Chair of the Canada India Network Society (CINS), states, "The mission of CINI 2014 is to work on building a healthier society both here in Canada and in South Asian countries. CINI provides a forum to enable the building of strong links and a foundation for health in a civil society." The conference is designed not only to bring improvements to South Asian health but to seek opportunities for health technology innovation in B.C. CINI 2014 is hosted by the Fraser Health Authority and Simon Fraser University, with active organizational support from the British Columbia Institute of Technology (BCIT), Kwantlen Polytechnic University (KPU), the University of British Columbia (UBC), and industry partners Roche Canada and Medtronics of Canada Ltd. "Fraser Health welcomes opportunities to see the application of innovative technology to meet the specific needs of our South Asian population," says Dr. Nigel Murray, President and CEO, Fraser Health.

The conference is comprised of four sessions. The first session will discuss the training of nursing and allied health personnel, and

collaboration opportunities which exist between B.C. and India. BCIT and CINS are working with the Public Health Foundation of India. Both have been asked by the Government of India to develop a long-term national plan for allied health personnel training. This workshop will further explore the opportunities and requirements for such a training program, including competence requirements for the personnel trained. Professor Susan Dahinten of UBC and Dean Tru Freeman of KPU will share their experiences in training nursing personnel and its application in India. Kathy Kinloch, the President of BCIT, will chair and introduce the session. Bill Dow, the Dean of Health Sciences at BCIT and Kavita Narayan, the Lead of the Allied Health Project at the Public Health Foundation of India will be co-chairs.

The second session will discuss health, technology and economy. Technology plays a very significant role in health-care delivery. According to Dr. Garg, in the next few years we are going to see a major revolution in the delivery of health care using technology, being developed both in Canada and in India. The session will bring together leading experts in social media, personal health care devices, medical imaging, the integration of information technology (IT) and information management (IM), and the use of personal computers, smart phone and iPads for self-management. Work is being done in this area in the eHealth Program of the interCultural

Online Health Network (iCON) at UBC under the leadership of Dr. Kendall Ho and Dr. Gulzar Cheema. CINI 2014 will collaborate with iCON to assess the potential use locally and in India. This session will enable the Innovation Boulevard project of the City of Surrey to once again bring together as many people of common interests as possible to explore the opportunities in development of industry and innovation in health care. Dr. Ryan Darcy will share his work on brain imaging and the clinical role of this unique technology.

The second session will also discuss process control technology in chronic disease management through the use of IT and IM. Innovative work is being done by Lane Desborough of Medtronic on the potential application of process control technology to South Asian health and to the South Asian population. Dr. Soumyo Mukherji of IIT in Mumbai and Dr. Sharmila Mande of Tata Life Sciences Group Pune in India will share their research and work in emerging technology and health. Drs. Mukherji and Mande are currently working with SFU as part of the SFU-India engagement. The concept of reverse innovation will be explored. In India, technology is providing more cost-effective ways to deliver health care, for example in cataract surgery at the Aravind Hospital. The potential application to Canadian health care delivery will be discussed.

Saturday June 21, the second day of the conference, will focus on clinical sessions. The first session of the day will discuss

primary care, chronic disease management, innovations and transformation for sustainable health care. This session is an opportunity to showcase the progress of the work underway in B.C. in primary care innovation and in better health care delivery for chronic diseases, such as diabetes and cardiovascular disease. Dr. Garg notes that the South Asian population has a greater prevalence of these diseases and these innovations have a direct impact on better care and lowering of the burden of chronic diseases among South Asians. Dr. Bill Cavers, President-Elect of the British Columbia Medical Association (BCMA) and President of the Society of General Practitioners of BC will co-chair the session with Dr. Prabhakaran of the Centre for Chronic Disease Control from India. Participating in the session will be several leading physicians, the BC Ministry of Primary Care Group, and other innovators in self-management, public awareness and guidelines for standard of care.

The recently established South Asian Health Centre through the division of family practice in Surrey and North Delta will be featured. Acquiring ongoing support for this Centre and for other Fraser Health initiatives, for example in Abbotsford and Burnaby, will be the goal of this session.

The role of the ancient knowledge of yoga and other holistic approaches to health are

emerging in the mainstream. The last session of the conference will highlight some of the research on these approaches and some applications of yoga in metabolic cardiac health and in mental health in the South Asian population. Dr. Elizabeth Innes of West Virginia University and Dr. Shivarama Varambally of the National Institute of Mental Health and Neuro Sciences from India will discuss their very interesting research findings on yoga and health. The session will be led by Dr. Lakshmi Yatham of the Faculty of Medicine at UBC. A very unique blend of modern medicine and ancient Indian knowledge of yoga will be highlighted, including the role it can play in mental health, addiction and general metabolic disorders.

A very special research workshop on Monday, June 23 will be presented by Dr. Nadia Khan, a Michael Smith Foundation for Health Research scholar at UBC. The goal is to establish a global network for South Asian research.

The dignitaries confirmed for the conference include Hon. Amrik Virk, Minister of Advanced Education and MLA Surrey-Tynehead; Hon. Andrew Wilkinson, Minister of Technology, Innovation and Citizens' Services and MLA Vancouver-Quilchena; and Hon. Senator Asha Seth. Dr. Seth has taken a key interest in the work of CINS and recently led a trade delegation to the State of Uttar Pradesh (U.P.) in India to discuss increased trade between

Canada and India. Through her initiative and the follow-up work of CINS, a recent memorandum to build ties was completed between UBC in Canada and King George Medical University in U.P., India.

The South Asian Health Centre (SAHC) is hosting an Open House for the delegates of the CINI 2014 conference and for community members to showcase the programs and services offered at the Centre. The Open House is on June 22 from 2-4 pm at 6830 King George Highway, Surrey. SAHC can be contacted at 604 591-5751 or via email at bellekainth.sahc@gmail.com. Envisioned to be a health home for the South Asian community in Surrey, the Centre aims to provide culturally tailored care through a family-centred model. The centre offers family practice services and includes a diabetes clinic. Future services will include Pap clinics, older adult clinics, mental health services and dietary skills building at the onsite teaching kitchen.

A network banquet will be held on Friday, June 20 at Royal King Palace in Surrey. The menu will feature healthy and delicious Indian cuisine inspired by the food diva Bal Arneson. For further information, you can contact CINS at anna@thecins.org or visit their web page at www.thecins.org.also, follow on Twitter @thecins, Facebook https://www.facebook.com/CanadaIndiaNetworkSociety, and LinkedIn.

Canada India Networking Initiative (CINI) 2014

Banquet

AN EVENING OF HEALTHY INDIAN CUISINE AND AN OPPORTUNITY TO MEET AND NETWORK WITH LEADERS AND COLLEAGUES FROM THE COMMUNITY, ACADEMIA, HEALTH SECTOR AND INDUSTRY.

Date: June 20, 2014

Location: Royal King Palace and Convention Centre
#365 – 8158 128th Street Surrey, British Columbia

6:00 pm No Host Reception
8:30 pm Dinner
9:30 pm Close

Registration available at www.thecins.org

Ticket Cost: \$100(+GST) per person or \$800(+GST) for table of 8

For further information please contact: arun@thecins.org, anna@thecins.org

Open House

South Asian Health Centre is hosting an Open House for the delegates of CINI 2014 conference and members of the community on June 22, from 2-4 pm at 6830 King George Blvd., Surrey. Contact at 604 591-5751 or bellekainth.sahc@gmail.com