
Message from the GAPIO President



"Individually, we are one drop. Together, we are an ocean." - Ryunosuke Satoro

On behalf of the Global Association of Physicians of Indian Origin (GAPIO) I congratulate Dr Arun Garg and team of Canada India Network Society (CINS), Simon Fraser University and Fraser Health for organising such a wonderful conference in beautiful British Columbia! GAPIO is delighted to be part of this collaborative event.



I am impressed with theme of conference being "a collaborative network". In this day and age when the world is shrinking we are fortunate to have ability to share our knowledge and experience from around the globe. Dr. Garg has managed to assemble wonderful faculty from several countries to collaborate in improving the health care globally.

A key challenge facing health care organisations is to nurture cultures that ensure the delivery of continuously improving high-quality, safe and compassionate health care. Leadership is the most influential factor in shaping organisational culture and ensuring the necessary leadership behaviours, strategies and qualities are developed. I am glad that during the conference we have opportunity to discuss this important aspect



Round Table on Integrative Medicine is, I believe, need of the hour in fast changing world. Health (or holistic wellness) is arguably the cornerstone of a balanced life., Without health, one will not be able to live to one's fullest potential. Without a sound and vigorous mind and body, one cannot fully enjoy one's wealth, relationships, or spiritual growth. The session on holistic wellness and healthy living should provide us guidance in promoting this important aspect of health care.

Over 1.2 million Indian doctors working in almost every corner of the globe can make immense contribution to Global wellness. This strong diaspora of Indian doctors is highly respected and powerful. However, for them to be more effective, there is a need for greater visibility and cohesion. Their combined intellectual and technical strength can also be a vital force in the development of the Indian healthcare sector. GAPIO, with 'Health care for all' as its vision, provides the common professional platform.

Finally, may I thank Dr Arun Garg and the organising committee of the conference for an excellent programme and beautiful venue of the conference.



Dr. Ramesh Mehta OBE
President GAPIO